



Family Life Ministries

S.O.S.

Stock Our Shelves

*How can you help? DONATE!
Our food pantry is our main mission,
but we also try to assist with other
basic life necessities when we can.*

Food Items

Rice, Pasta & Dried Beans
Macaroni and Cheese
Spaghetti Sauce & Noodles
Peanut Butter & Jelly
Cereal, Oatmeal & Grits
Flour, Sugar, & Salt & Pepper
Boxed Desserts
Powdered Milk
Canned Evaporated Milk
Fruit Juices & Bottled Water
Canned Vegetables, Soups & Fruits
Canned Meats & Fish
Bread, Butter, Cookies & Crackers
*Specialty foods such as sugar free foods
for diabetics and gluten free food.*

** PLEASE - NO Glass Jars/Containers*

Hygiene Items

Hotel & sample sized items are offered
to our homeless & transient clients.
Larger sized products are offered to
our clients who have a residence.

Soap, Shampoo & Deodorant
Toothbrushes & Toothpaste
Brushes & Combs
Sun Screen & Hand Sanitizer
Toilet Paper

Miscellaneous Items

Diapers for Adults & Sick Children
Bibles for Clients
Eye Glasses & Portable Medical Equipment

Financial Contributions

Cash, Checks, Credit Cards & Gift Cards
Planned Giving in Wills
Stocks & Bonds
Sponsor a Matching Grant