S.O.S. Stock Our Shelves

Family Life HELPS

Family Life is a 501c3 nonprofit food pantry serving the Atlanta Airport area. Your support helps provide food, hygiene items and basic life necessities to those most in need in our area. When you give to Family Life, you give hope and dignity to the less fortunate members of our community.

People Helping People. Neighbors Helping Neighbors.

www.familylifehelps.org

Suggested Donations

Food Items

Rice, Pasta & Dried Beans
Macaroni and Cheese
Spaghetti Sauce & Noodles
Peanut Butter & Jelly
Cereal, Oatmeal & Grits
Flour, Sugar, & Salt & Pepper
Boxed Desserts
Powdered Milk & Canned Evaporated Milk
Fruit Juices & Bottled Water
Canned Vegetables, Soups & Fruits
Canned Meats & Fish
Bread, Butter, Cookies & Crackers
Specialty foods such as sugar free foods for diabetics and gluten free food.

** PLEASE - NO Glass Jars/Containers*

Hygiene Items

Hotel & sample sized items are offered to our homeless & transient clients. Larger sized products are offered to our clients who have a residence.

Soap, Shampoo & Deodorant
Toothbrushes & Toothpaste
Brushes & Combs
Sun Screen & Hand Sanitizer
Toilet Paper
Adult Incontinence Products
Feminine Hygiene Products

Financial Contributions

Cash, Checks, Credit Cards & Gift Cards
Planned Giving in Wills
Sponsor a Matching Grant

Stay in the know with all things Family Life!